



AT VELDONS SEAFARER WE ARE VERY FORTUNATE TO HAVE SUCH INCREDIBLE INGREDIENTS IN CONNEMARA AND ITS SURROUNDING AREAS.

OUR GOAL IS TO TAKE INFLUENCE FROM OUR HERITAGE AND TO SUPPORT LOCAL FARMERS AND FISHERMEN, TO USE IRISH GROWN PRODUCE AND TECHNIQUES THAT HAVE MOSTLY BEEN FORGOTTEN OVER TIME.

WE BOAST A MENU WHICH FEATURES RECOGNIZABLE AND LOVED TRADITIONAL IRISH FAVORITES WHICH ARE ALL SERVED UP IN THE SEAFARER WAY WITH A HUGE EMPHASIS ON QUALITY AND LOCAL PRODUCE.

WE ARE VERY PROUD TO OFFER OUR OYSTERS FROM BALLINAKILL BAY, MUSSELS FROM KILLARY FJORD, SUCCULENT CRAB MEAT LOCALLY SOURCED AND OUR FINEST SCALLOPS FROM RENVYLE, THUS SUPPORTING LOCAL INDUSTRIES AND EMPLOYMENT COMBINED WITH ENSURING THE FRESHEST QUALITY PRODUCTS CONNEMARA HAS TO OFFER.

WE HOPE YOU ENJOY YOUR EXPERIENCE WITH US AND PLEASE KNOW THAT OUR FRIENDLY TEAM ARE ON HAND TO ASSIST YOU AT ALL TIMES.

## **STARTERS**

### **VEGAN SALAD (V)**

**€6.95**

MIXED LEAVES, ROAST PEPPERS, BEETROOT, WALNUTS, SUNDRIED TOMATOES & MAPLE SYRUP DRESSING (CONTAINS 8, 10, 12)

### **SOUP OF THE DAY (V)**

**€5.50**

CHEF'S HOMEMADE SOUP OF THE DAY SERVED WITH HOMEMADE TREACLE & SEED BREAD (CONTAINS 1, 7, 9, 11)

### **SEAFARER SEAFOOD CHOWDER**

**€7.50**

RICH & PACKED WITH A SEASONAL SELECTION OF SMOKED & FRESH FISH IN A CREAMY VOLUTE (CONTAINS 1, 2, 4, 7, 9, 11, 12, 14)

### **PANKO CRUMBED CALAMARI**

**€9.95**

LIGHTLY CRUMBED CALAMARI ACCOMPANIED BY A FRESH SIDE SALAD WITH GARLIC MAYO & SWEET CHILLI DIPS (CONTAINS 1, 3, 7, 10, 12, 14)

### **KILLARY FJORD MUSSELS MARINIÈRE**

STEAMED BLUE MUSSELS IN A HOUSE WHITE WINE, CREAM & GARLIC SAUCE SERVED WITH TREACLE BREAD

**STARTER €9.50**

**MAIN €16.95** (CONTAINS 1, 7, 10, 12, 14)

### **GOLDEN FRIED GOATS CHEESE SALAD (V)**

**€9.95**

BLUEBELL FALLS GOATS CHEESE LIGHTLY FRIED, IN A SEASONAL SALAD WITH CHILLI JAM & BEETROOT PUREE (CONTAINS 1, 3, 7, 10, 12)

### **CRISPY CHICKEN WINGS**

**€8.95**

SPICED CHICKEN WINGS ACCOMPANIED BY OUR SIGNATURE HOT SAUCE & HOMEMADE BLUE CHEESE DIP (CONTAINS 3, 10, 12)

**CAESAR SALAD**

CHOICE OF CAJUN CHICKEN OR PRAWNS WITH CRISP BABY GEM LETTUCE, BACON, TOASTED GARLIC CROUTONS, DRIZZLED WITH HOUSE CAESAR DRESSING & PARMESAN SHAVINGS

**STARTER €8.95 MAIN €13.95** (CONTAINS 1, 3, 7, 10, 12)

**DK CONNEMARA OYSTERS AU NATURAL**

½ DOZEN **€12.50** DOZEN **€24.50** (CONTAINS 14)

**GOLDEN FRIED DUCK & VEGETABLE SPRING ROLLS** **€9.95**

ACCOMPANIED BY A SEASONAL SIDE SALAD & CHILLI JAM (CONTAINS 1, 6, 9, 10, 11, 12)

**TIAN OF CRABMEAT** **€16.95**

FRESH CLEGGAN CRAB GARNISHED WITH SPRING ONION & APPLE, MIXED LEAVES, RED PEPPER COULIS & BEETROOT (CONTAINS 2, 3, 10, 12)

**SPINACH AND ARTICHOKE BAKE (V)** **€8.95**

SERVED WITH CRUSTY SOURDOUGH BREAD (CONTAINS 4, 8, 9)

**MAINS**

**SEAFARER FISH & CHIPS** **€17.50**

FRESH BEER BATTERED FISH, SEASONAL SIDE SALAD, HAND-CUT CHIPS, TARTARE SAUCE, WITH A CHOICE OF MUSHY PEAS OR COLESLAW (CONTAINS 1, 3, 4, 10, 12)

**8oz PRIME IRISH BEEF BURGER** **€16.95**

8oz IRISH BEEF BURGER SERVED ON A TOASTED BRIOCHE BUN TOPPED OFF WITH BURGER SAUCE, BACON, CARAMELISED ONION & MELTED IRISH EMMENTAL CHEESE (CONTAINS 1, 3, 7, 10, 11, 12)

**BRAISED LAMB SHOULDER** **€17.95**

SLOW COOKED SHOULDER OF LAMB SERVED WITH SPRING ONION MASH, RICH RED WINE JUS & A SELECTION OF SEASONAL VEGETABLES (CONTAINS 6, 7, 9, 12)

**CHICKEN SUPREME** **€18.00**

FREE RANGE CHICKEN WITH SMOKED BACON STUFFING, WILD MUSHROOM CREAM SAUCE, MASHED POTATOES AND SEASONAL VEGETABLES (CONTAINS 1, 7, 9)

**10oz IRISH SIRLION STEAK** **€26.95**

IRISH PRIME SIRLOIN SERVED WITH CREAMY MUSHROOMS, CAMELISED ONIONS AND HAND CUT CHIPS ACCOMPANIED BY MIXED PEPPERCORN OR GARLIC BUTTER SAUCE (CONTAINS 1, 7, 9, 12)

**FILLET OF SALMON** **€22.50**

FILLET OF FRESH ATLANTIC SALMON WITH ASPARAGUS & FENNEL IN A RICH GARLIC CREAM SAUCE, ACCOMPANIED BY MASHED POTATOES & SEASONAL VEGETABLES (CONTAINS 4, 9, 12)

**TRADITIONAL IRISH LAMB STEW** **€16.95**

AN IRISH FAVOURITE - SLOW COOKED LAMB WITH SEASONAL VEGETABLES & MASHED POTATOES (CONTAINS 1, 7, 9)

**VELDONS VEGAN CURRY (V)** **€11.95**

SEASONAL VEGETABLES & CHICKPEAS COOKED IN OUR CHEF'S HOMEMADE CURRY SAUCE SERVED WITH BASMATI RICE (CONTAINS 6, 9, 12)

**ADD CHICKEN OR PRAWNS €4**

**CREAMY GARLIC LINGUINE €12.95**

ASPARAGUS, WILD MUSHROOMS, BROCCOLI, SPINACH, PESTO & PARMESAN IN A RICH GARLIC AND WHITE WINE CREAM SAUCE TOSSED WITH LINGUINE PASTA SERVED WITH FRESHLY GRILLED GARLIC BREAD (CONTAINS 1, 3, 7, 9, 12)

**ADD CHICKEN OR PRAWNS €4- ITEM AND PRICE TO BE ADDED**

**PAN FRIED HAKE €19.95**

FILLET OF WEST COAST HAKE PAN FRIED IN A RED PEPPER CREAM, WITH FRESH RATATOUILLE, SEASONAL POTATOES & VEGETABLES (CONTAINS 4, 7, 9, 12)

**THE CAPTAINS PLATTER €29.95**

A SELECTION OF CONNEMARAS FINEST SEAFOOD INCLUDING CRABMEAT, SMOKED SALMON, PRAWNS, MUSSELS, POACHED SALMON, KILLARY MUSSELS & OYSTERS SERVED WITH HOMEMADE TREACLE BREAD SEASONAL SIDE SALAD & MARIE ROSE SAUCE (CONTAINS 1, 2, 3, 4, 7, 9, 10, 12)

**GOLDEN FRIED PANKO CRUSTED SCAMPI €19.95**

LIGHTLY PANKO BREADED FRESH SCAMPI WITH A TARTARE DIPPING SAUCE, DRESSED MIXED BABY LEAVES & HANDCUT CHIPS (CONTAINS 1, 2, 3, 7, 10, 12)

**CAJUN SPICED CHICKEN FILLET BURGER €16.95**

SPICY CHICKEN BREAST WITH SEAFARER BURGER SAUCE, MELTED IRISH EMMENTAL CHEESE, BACON, AND CARAMELISED ONION ON A TOASTED BRIOCHE BUN SERVED WITH SALAD AND HAND CUT CHIPS (CONTAINS 1, 3, 7, 10, 12)

**DUO OF PRAWNS & WEST OF IRELAND SMOKED SALMON €23.95**

SERVED WITH HOMEMADE TREACLE BREAD, SEASONAL SIDE SALAD, MARIE ROSE SAUCE AND SMOKED PAPRIKA (CONTAINS 1, 2, 3, 4, 7, 10, 12)

**SIDE DISHES:**

HAND CUT FRIES

GARLIC BUTTER FRIES

GARDEN VEGETABLES

MASH POTATO

TRUFFLE FRIES

COLESLAW

**SANDWICH MENU SERVED FROM 12PM – 4PM**

**ROAST HAM HOCK & CHEESE TOASTIE**

**€5.50**

(CONTAINS 4, 8, 14)

**OPEN PRAWN SANDWICH**

**€15.00**

HOMEMADE TREACLE & SEED BREAD, FRESH PRAWNS WITH SEASONAL SALAD, SMOKED PAPRIKA

& MARIE ROSE SAUCE (CONTAINS 1, 2, 3, 7, 10, 12)

**PREFER TO MAKE YOUR OWN**

**STEP 1: CHOOSE YOUR BREAD**

WHITE/BROWN SLICED €5.00

PANINI €6.50

WRAP €6.50

GLUTEN FREE BREAD €5.00

(TOASTED €0.50)

**STEP 2: CHOOSE YOUR FILLINGS**

BAKED HAM

ROAST CHICKEN

PESTO

TOMATOES

IRISH CHEDDAR CHEESE

CAJUN CHICKEN

TUNA

MOZZARELLA

CARAMELISED ONION

RED ONION

LETTUCE

SWEET CHILLIS

ROAST PEPPERS

SUNDRIED TOMATO PASTE

MAYONNAISE

**ALLERGENS:**

- 1. CEREALS CONTAINING GLUTEN / 2. CRUSTACEANS / 3. EGGS / 4. FISH / 5.  
PEANUTS / 6. SOYBEANS /  
7. MILK - DAIRY / 8. NUTS / 9. CELERY / 10. MUSTARD / 11. SEASAME SEEDS / 12.  
SULPHUR DIOXIDE & SULPHITES / 13. LUPINS / 14. MOLLUSCS**

# DESSERTS

**RASPBERRY CRÈME BRULEE €5.95**

SERVED WITH BAILEYS ICE CREAM,  
FRESH CREAM & RASPBERRY COULIS

(CONTAINS 1, 3, 7)

**WARM DARK CHOCOLATE FONDANT €5.95**

ACCOMPANIED BY SALTED CARAMEL  
ICE CREAM & FRESH CREAM

(CONTAINS 1, 3, 7, 8)

**DEEP PAN APPLE PIE €5.95**

SERVED WITH VANILLA ICE CREAM  
& FRESH CREAM (CONTAINS 1, 3, 7, 12)

**LEMON TART €5.95**

HONEYCOMB ICE CREAM, FRESH CREAM  
& RASPBERRY COULIS (CONTAINS 1, 3, 7)

**STICKY TOFFEE PUDDING €5.95**

SERVED WARM WITH RUM & RAISIN ICE  
CREAM, FRESH CREAM & RASPBERRY COULIS

(CONTAINS 1, 3, 7)

**ALLERGENS:**

1. CEREALS CONTAINING GLUTEN / 2. CRUSTACEANS
3. EGGS / 4. FISH / 5. PEANUTS / 6. SOYBEANS
7. MILK - DAIRY / 8. NUTS / 9. CELERY / 10. MUSTARD
11. SEASAME SEEDS / 12. SULPHUR DIOXIDE & SULPHITES
13. LUPINS / 14. MOLLUSCS

IRISH TEA	€1.50
HERBAL TEA	€2.25
Chai, Peppermint, Lemon & Ginger, Earl Grey, Wild Berry, Camomile, Rooibus	
EXPRESSO	€1.70
CAPPUCINO	€2.80
CAFÉ MOCHA	€3.00
LATTEE	€3.00
SYRUPS AVAILABLE	.50



## **OUR SUPPLIERS**

### **J&S OCEAN LTD**

JOHNNY KING SUPPLY'S THE BEST CRAB CLAWS AND CRAB MEAT IN THE WEST! DAILY FRESH CATCHES FROM HIS MODERN LOCHIN 40 OPERATING FROM CLEGGAN FISHING VILLAGE WHICH IS ONLY A MATTER OF MINUTES FROM OUR RESTAURANT.

### **KILLARY FJORD SHELLFISH**

KILLARY FJORD SHELLFISH IS A FAMILY RUN SHELLFISH BUSINESS BASED ON KILLARY FJORD. SIMON HAS BEEN GROWING MUSSELS HERE SINCE 1989 AND HE IS CONSIDERED ONE OF THE PIONEERS OF MUSSEL FARMING ALL THOSE YEARS AGO.

### **DK OYSTERS**

OYSTERS HAVE BEEN FARMED IN BALLINAKILL BAY, CONNEMARA SINCE 1893. IT IS ONE OF THE OLDEST OYSTER FARMS IN THE COUNTRY. DK OYSTERS ALSO OFFER OYSTER FARM TOURS AND TASTINGS.

### **JAMES FLAHERTY**

JAMES, A TRUE BORN AND BRED LOCAL, PROVIDES US WITH ALL OUR FRESHLY CAUGHT SCALLOPS WHICH HE FISHES OFF THE RENVYLE PENINSULA.

**GLYNNS FRUIT & VEG**

FOUNDED IN 1935 IN ORANMORE, GALWAY, GLYNNS HAVE BEEN PROVIDING US WITH THE FRESHEST SEASONAL FRUIT & VEGETABLES SINCE WE HAVE OPENED.

**ALL OUR MEAT IS CERTIFIED AND SOURCED WITHIN IRELAND.**